

# STUDENT SUPPORT SERVICES

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## Career Services

Location: Student Union Room 1550

Phone: 419.530.4341

Email: [careerservices@utoledo.edu](mailto:careerservices@utoledo.edu)

Website: [www.utoledo.edu/career/](http://www.utoledo.edu/career/) (<http://www.utoledo.edu/career/>)

Career Services provides comprehensive career planning and employment access opportunities for all UT students and alumni.

- Career Services offers a wide range of career readiness online resources, tools and e-guides including: self-assessments for exploring career and education possibilities, exploring job opportunities around the globe, resume and cover letter writing, interview skills development, and job search strategies. All online resources can be accessed via the myUT portal under the University Career Services heading.
- The Career Services Resume Dropbox is available any time of day for students to submit their resumes, CVs, and cover letters for critique with a 48-hour turn-around. This service is accessed on the Career Services website.
- Scheduled appointments through “Handshake” and walk-in appointments are available addressing career and professional development needs including:
  - Career and major exploration and career planning;
  - Resume, CV and cover letter writing assistance;
  - Mock interviews;

- Professional dress and etiquette advice;
- Social media presence and job search strategies.
- The Career Studio, staffed by Career Ambassadors (peer advisors), is available during business hours (Fall/Spring semesters) for students to get their resumes, CVs, and cover letters critiqued, to answer career-related questions, to get help with online career tools and to use computers and a printer for career-related activities.
- Career Services works with employers to secure part-time, full-time and internship opportunities. “Handshake” is the online employment platform where students and alumni can access and apply for positions.
- Professional interview attire is available at no-cost through Rocket Style Career Closet. Career Services also partners with JCPenney in the spring and fall for Suit-Up events where students received a significant discount on professional attire and accessories.
- Professional Headshot Booth offers high-quality professional headshots at no cost that are sent directly to each user’s emails. The Professional Headshot Booth is in the Thompson Student Union, first floor. Students and alumni can access the booth during regular Student Union operating hours.

Students are encouraged to connect with Career Services online and in person beginning in their first year and to continue throughout their academic career.

## University Counseling Center

University Health Center

1735 West Rocket Drive

Main Campus

Phone: 419.530.2426

Website: [www.utoledo.edu/studentaffairs/counseling/](http://www.utoledo.edu/studentaffairs/counseling/) (<http://www.utoledo.edu/studentaffairs/counseling/>)

The University Counseling Center is the primary university-based provider of mental health services for University of Toledo undergraduate and graduate students.

The Counseling Center staff provides counseling (individual and group), mental health and wellness programming, and crisis intervention services to help students cope with the demands of college and to facilitate the development of life adjustment strategies. We hope to empower you with the skills to assist you in attaining your educational goals at the University of Toledo. In addition the Counseling Center staff provides training to graduate students in several disciplines including Clinical Psychology, Counselor Education and Supervision, and Social Work. All trainees are supervised by licensed professionals within, according to the rules and regulations of their discipline.

We provide services in accordance with the codes of ethics of the helping professions and standards of the American Psychological Association, American Counseling Association, and the International Association of Counseling Services, Inc. as well as to the rules and regulations of the State of Ohio.

## Dean of Students' Office

Location: University Hall 3630

Phone: 419.530.2665

Email: [deanofstudents@utoledo.edu](mailto:deanofstudents@utoledo.edu)



Website: [www.utoledo.edu/studentaffairs/dos/](http://www.utoledo.edu/studentaffairs/dos/) (<https://www.utoledo.edu/studentaffairs/dos/>)

The mission of the Office of the Dean of Students is to ensure that students accomplish their educational and personal goals within the context of the broader academic purpose of the University. The Office of the Dean of Students promotes the development of, and enhances the educational experience for, students through intentionally designed co-curricular opportunities and through institutional policy development on students' behalf.

## Catharine S. Eberly Center for Women

Location: Tucker Hall Room 0168

Phone: 419.530.8570

Web site: [www.utoledo.edu/centers/eberly/](http://www.utoledo.edu/centers/eberly/) (<http://www.utoledo.edu/centers/eberly/>)

The Catharine S. Eberly Center for Women is the catalyst for gender equity at The University of Toledo. We believe in a campus where all members of our community can achieve their highest potential regardless of gender identity or expression. That's why we empower women and gender minorities through developing gender equity leaders and promoting educational access for women and all people facing gender-based oppression. Check us out online to learn more about our programs.

## Office of Accessibility and Disability Resources

Location: Rocket Hall 1820

Phone: 419.530.4981

Video Phone: 419.386.2939

Website: [www.utoledo.edu/offices/accessibility-disability/](https://www.utoledo.edu/offices/accessibility-disability/) (<https://www.utoledo.edu/offices/accessibility-disability/>)

The Office of Accessibility and Disability Resources partners with students, faculty and staff to facilitate disability access essential to sustaining an inclusive campus experience. Access and accommodations ensure equal opportunity for students with disabilities to participate in all of the programs, activities and services designed to transform our students into the diverse community of leaders we count on to improve the human condition.

UToledo values disability as a key aspect of human diversity. The Office of Accessibility and Disability Resources contributes to the work of equity and inclusion in the campus community by facilitating and advancing access through removing communication, technological, environmental and programmatic barriers for students with disabilities. Areas of focus include the testing environment, classroom and experiential learning access, note-taking, effective communication, materials in accessible formats, accessible housing/dining experiences, and access to technology including assistive technology. Disability may be associated with psychological, learning, social communication, mental health, chronic health, physical, sensory, or temporary impairments/conditions. Resources are available to support the path to success for students. More than 1,000 students across all campuses and disciplines are connected with the office.

## Rocket Health Serves Students and Employees

Location: Student Medical Center

Phone: 419.530.3451 (Main Campus), 419.383.5000 (Health Science Campus)

Website: [www.utoledo.edu/studenthealth/](https://www.utoledo.edu/studenthealth/) (<https://www.utoledo.edu/studenthealth/>)

Rocket Health provides **comprehensive, integrated health and wellness services** to UToledo students, faculty and staff.

- Two convenient locations — Main Campus and Health Science Campus
- Primary care and urgent care services
- Telemedicine and in-person appointments
- Walk-in appointments available on Main Campus
- Mental health and wellness services

### UNIVERSITY WELLNESS

University Wellness is part of Rocket Health. It provides wellness programs and resources for faculty, staff and students to help them live a more balanced life.

- Free health screenings
- Self-care workshops
- Mindfulness videos
- And more!

## Center for International Studies and Programs (CISP)

Location: Snyder Memorial, Suite 1000

Phone: 419.530.5268

Fax: 419.530.5266

Email: [cisp@utoledo.edu](mailto:cisp@utoledo.edu)

Website: [www.utoledo.edu/cisp/](http://www.utoledo.edu/cisp/) (<http://www.utoledo.edu/cisp/>)

Facebook: [@utcisp](#)

Instagram: [@utcisp](#)

The Center for International Studies and Programs (CISP) supports members of the UT community, domestic and international, in their pursuit of knowledge and cultural exchanges. We believe in the importance of developing and fostering a global mindset and preparing students to live and work in an increasingly interconnected world.

CISP houses the [American Language Institute](https://www.utoledo.edu/cisp/ali/) (<https://www.utoledo.edu/cisp/ali/>), the Office of International Student and Scholar Services (<https://www.utoledo.edu/cisp/international/>) and the [Office of Education Abroad](https://www.utoledo.edu/cisp/studyabroad/) (<https://www.utoledo.edu/cisp/studyabroad/>).

### American Language Institute (ALI)

ALI provides intensive English training to students, scholars, and area residents of international origins who seek to strengthen English language proficiency and raise their cultural competence. ALI also provides assistance to international professionals seeking professional development opportunities as well as offering evaluation and training

for international teaching assistants who seek to strengthen their oral English proficiency.

Location: Snyder Memorial, Suite 1400  
 Phone: 419.530.4702  
 Email: ali@utoledo.edu  
 Website: www.utoledo.edu/cisp/ali (<http://www.utoledo.edu/cisp/ali/>)  
 Facebook: @americanlanguageinstitute

### Yanshan University College (YSU College)

Yanshan University College is committed to developing academic programs, training programs, offering opportunities for cultural exchanges and supporting other educational collaborations between The University of Toledo and Yanshan University. The office also serves the campus by providing education in Chinese language and culture.

Location: Snyder Memorial, Suite 1020  
 Phone: 419.530.7750  
 Email: yanshanuniversitycollege@utoledo.edu  
 Website: <https://www.utoledo.edu/cisp/ysucollege/> (<https://catalog.utoledo.edu/general-section/student-support-services/www.utoledo.edu/cisp/ysucollege/>)  
 Facebook: @utoledoysu  
 Instagram: @utoledoysu

### Education Abroad Office

The Education Abroad Office is committed to global exchange, cross cultural interaction and providing a rewarding human experience. UT students experience new cultures, people and sights all while earning college credit.

Methods of studying abroad offered through the University of Toledo are:

- Affiliate Programs
- Faculty Led Programs
- Exchange Programs
- Direct Enroll Programs

These programs are designed for **1 week up to 1 full academic year** depending on each student's academic needs and desires to explore other cultures.

- **Credits transfer back to UT** so that each student can still graduate on time!
- **Financial aid is available** to assist with the cost of each study abroad program.

Location: Snyder Memorial, Suite 1000  
 Phone: 419.530.5285  
 Email: eduabroad@utoledo.edu  
 Website: www.utoledo.edu/cisp/studyabroad (<https://www.utoledo.edu/cisp/studyabroad/>)  
 Instagram: @utoledoabroad

### Office of International Student and Scholar Services (OISSS)

OISSS provides immigration advising services for F-1 students, J-1 scholars and H-1B employees. Our dedicated staff is here to assist you with concerns regarding your immigration status.

Visit us if you have questions about:

- Maintaining non-immigrant status
- I-20, DS-2019 and H-1B
- Visa, travel and re-entry
- Immigration Regulations
- iRocket Portal
- New International Student Orientation
- Employment authorization
- Passports for U.S. Citizens

Location: Snyder Memorial, Suite 1000  
 Phone: 419.530.4229  
 Email: oisss@utoledo.edu  
 Website: www.utoledo.edu/cisp/international/ (<https://www.utoledo.edu/cisp/international/>)

## Office of Multicultural Student Success

Location: Student Union - Room 2500  
 Phone: 419.530.2261  
 Email: omss@utoledo.edu  
 Website: www.utoledo.edu/studentaffairs/omss/ (<http://www.utoledo.edu/studentaffairs/omss/>)  
 Facebook: <https://www.facebook.com/omssutoledo> (<https://www.facebook.com/omssutoledo/>)  
 Instagram: [https://www.instagram.com/omss\\_ut/](https://www.instagram.com/omss_ut/)

The Office of Multicultural Student Success (OMSS) advocates and empowers all students, especially students with identities that have been historically marginalized. We accomplish this by providing and connecting students to resources and opportunities to promote holistic success to cultivate a sense of belonging. Sponsored Programs include:

- History and Heritage Months
- Multicultural Graduation
- Black and Latino Excellence (BLX) Transition Program
- Mentoring Programs:
  - T.A.W.L. (Talented Aspiring Women Leaders) is geared toward multicultural women,
  - Brothers On The Rise is geared toward African American and Latino men,
  - PRIMOS (The English translation for "cousins") is geared toward first-year Latino students,
  - S.U.C.C.E.E.D (Students United for a Courageous, Creative, Educated & Empowered Destiny) is geared toward Lesbian, Gay, Bisexual, Transgender, Questioning, and Ally (LGBTQA) students.

## Office of Recreational Services

Location: Student Recreation Center  
 Phone: 419.530.3700  
 Website: www.utoledo.edu/studentaffairs/rec/ (<http://www.utoledo.edu/studentaffairs/rec/>)

The Office of Recreational Services, a member of the Division of Student Affairs, provides The University of Toledo community with quality,

student-centered recreation and wellness programs and services that enrich the mind, body and spirit. The Office of Recreational Services is the premier service provider to The University of Toledo community for healthy lifestyle options and developmental opportunities for student success. Opportunities are offered to explore your limits, experience achievement and practice wholesome stress-management techniques. Activities regularly promote social interaction within the culturally diverse University community.

Students are continually challenged to examine their values and life choices in the search to build a meaningful identity and understand themselves and others. The numerous competitive and cooperative interchanges provide an ideal climate for learning to respect the dignity and worth of all individuals, as well as the importance of team development. Services provided to students through the Student Recreation Center include:

- Drop-in recreation,
- Intramurals,
- Sports clubs,
- Red Cross certification classes,
- Swim lessons,
- Group exercise classes,
- Climb wall,
- Summer Camp for Children 5-12,
- Multiply facilities on the Main Campus and Health Science Campus, and
- Student employment opportunities.

## Residence Life

Location: Ottawa House West

Phone: 419.530.2941

Website: [www.utoledo.edu/studentaffairs/reslife/](http://www.utoledo.edu/studentaffairs/reslife/) (<http://www.utoledo.edu/studentaffairs/reslife/index/>)

Living on campus connects students with the vibrant life of the University. The close-knit, supportive on-campus community offers students a place to live and work that distinctly enhances their college experience by putting them at the center of everything: classes and labs, the library, advising and academic support, and so much more!

Students benefit from the intellectual climate of campus, while staying involved and making lifelong friends. Outside of class you'll connect with other students through campus activities and organizations.

The Office of Residence Life promotes student growth and opportunities through safe, supportive, inclusive, and academically-focused environments in premier housing communities led by caring and engaging staff.

### HOUSING FEATURES

- Bedroom furniture includes: extra-long twin bed, desk, chair, dresser and closet/wardrobe
- Secure, Rocket ID card-only access at all building entrances
- WiFi included in all buildings
- 24/7 support from front-desk staff and resident advisors

- Computer labs with free printing
- Laundry and exercise rooms
- Lounge and conference areas
- Recreation areas with gaming equipment
- Air conditioning in all halls.

### Residency Requirement

All first and second-year students who live outside of a 25-mile radius from UToledo, including international students, are required to live on campus and participate in the meal plan program. Students who reside within a 25-mile radius can choose to live on campus, but it is not required.

### Specialized Living Communities

The University of Toledo Living Learning and Special Interest Communities (<https://www.utoledo.edu/studentaffairs/reslife/livinglearning.html>) are on-campus housing based communities of students living together in the same residence hall who share similar academic or special interests. These communities extend learning outside of the classroom and promote intellectual, social and personal growth.

## Title ix Office (<https://www.utoledo.edu/title-ix/>)

Location: Snyder Memorial, Room 1120

Phone: 419.530.4191

Email: [titleix@utoledo.edu](mailto:titleix@utoledo.edu)

Website: [www.utoledo.edu/title-ix/](http://www.utoledo.edu/title-ix/) (<https://www.utoledo.edu/title-ix/>)

The University of Toledo is committed to providing a workplace and educational environment, as well as other benefits, programs, and activities that are free from sex discrimination, sexual harassment (including actual or attempted sexual assault; domestic violence; dating violence; and stalking) and retaliation.

The University encourages the reporting of sex discrimination, sexual harassment (including actual or attempted sexual assault; domestic violence; dating violence; and stalking), or retaliation that may occur in its programs or activities, to ensure that the University has an opportunity to address prohibited conduct. Reports may be made by completing a complaint form ([https://cm.maxient.com/reportingform.php?UnivofToledo&layout\\_id=7](https://cm.maxient.com/reportingform.php?UnivofToledo&layout_id=7)) or by contacting the Title IX Coordinator, Vicky Kulicke ([titleix@utoledo.edu](mailto:titleix@utoledo.edu)). Additionally, this office also assists in providing pregnancy and parenting resources and supportive measures.

The Title IX Office also provides prevention education and awareness campaigns to the campus community. Our goal is to create a campus community free of sexual misconduct, sexual harassment, and other forms of sexual and intimate partner violence, in which students, faculty, and staff enjoy equitable, non-violent relationships. We provide educational programming addressing the role that everyone can take in creating a sexual misconduct free and sex discrimination free UToledo. We are dedicated to ensuring that students, faculty, and staff are provided proper resources to engage in services with our collaborative partners including crisis intervention, medical services, mental health counseling,

legal services, employee assistance programs and academic supportive measures should they be impacted by sexual violence.

Click here to view our Title IX Policy (<https://www.utoledo.edu/policies/administration/diversity/pdfs/3364-50-01.pdf>) or Title IX Procedures (<https://www.utoledo.edu/policies/administration/diversity/pdfs/3364-50-01-01-title-ix-procedures.pdf>)

## Center of Advocacy and Support (case)

Location: Student Union 2518  
 Phone: 419.530.HELP  
 Email: [case@utoledo.edu](mailto:case@utoledo.edu)  
 Facebook/Instagram: @utoledosas  
 Involvement Network: <https://invonet.utoledo.edu/organization/student-advocacy-support> (<https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Finvonet.utoledo.edu%2Forganization%2Fstudent-advocacy-support&data=05%7C01%7CCathy.Zimmer%40utoledo.edu%7C630e3b0fe6a24c6568d108db2fed792d%7C1d6b1707baa94a3da8f8deabfb3d467b%7C0%7C0%7C638156469211384487%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzliLCJBTiI6IkhawWILCjVjCj0mMD%3D%7C3000%7C%7C%7C&sddata=nxzbin49WANuNP%2BaDSOA0WMJgIfAlpwLjZfOXGkEeA%3D&reserved=0>)  
 Website: [utoledo.edu/studentaffairs/case/](https://utoledo.edu/studentaffairs/case/)

### What is this office about?

When a Rocket is in crisis, we're here for you. The CASE team serves as a first line of support when a student is in need. We provide emotional support and connect students to resources for academic and personal success. Students can setup 1:1 meetings to discuss their challenges and develop a holistic plan to meet their needs.

- Helps alleviate unnecessary pressures students face in the attainment of their academic goals
- Investigates complaints confidentially to achieve equitable resolutions
- Develops student-centered action plans for personal and academic achievement
- Addresses questions or concerns about utilizing campus and community resources
- Clarifies institutional policies and procedures
- Support students in the conduct and community standard concerns

### HOW CAN CASE HELP?

- Academic distress
- Concerning or unsafe behavior
- Death or illness of a family member
- Financial distress
- Food insecurity
- Homelessness or loss of housing
- Hospitalization
- Identifying campus resources
- Mental health support

- Personal development
- Relationship distress

## Office of Student Involvement & Leadership

Location: Student Union Room 1532  
 Phone: 419.530.4944  
 Email: [getinvolved@utoledo.edu](mailto:getinvolved@utoledo.edu)  
 Website: [www.utoledo.edu/getinvolved/](http://www.utoledo.edu/getinvolved/) (<http://www.utoledo.edu/getinvolved/>)  
 Twitter/Instagram/Facebook: @GetInvolvedUT  
 Involvement Network (InvoNet): <https://invonet.utoledo.edu/>

The Office of Student Involvement & Leadership builds community by providing students with involvement and leadership opportunities that will enhance their UToledo experience. The Office of Student Involvement & Leadership is responsible for supporting over 450 student organizations, fraternities and sororities, involvement initiatives, leadership development, service learning, event planning, and the online Involvement Network (InvoNet).

To discover ways to get involved, visit the online Involvement Network (InvoNet) <https://invonet.utoledo.edu/>.

## Office of Auxiliary Services

Auxiliary Services (<https://www.utoledo.edu/offices/auxiliary/>) serves The University of Toledo community by managing many campus-wide enterprises. Its vision is to enhance the mission of The University of Toledo by providing a safe, exemplary customer experience in the delivery of convenient, high quality, value-added goods and services. It includes the following:

- Parking and Transportation (<https://www.utoledo.edu/parkingservices/>),
- The University of Toledo Bookstore (<http://utoledo.bnccollege.com/webapp/wcs/stores/servlet/BNCBHomePage/?storeId=22576&catalogId=10001>),
- UToledo Dining Services (<https://www.utoledo.edu/mealplans/>)
- Rocket Student ID Card (<http://www.utoledo.edu/rocketcard/>), and
- Rocket Wireless (<http://www.utoledo.edu/depts/rocketwireless/>).

## University Libraries

### Main Campus

William S. Carlson Library  
 419.530.2324  
[AskIt@utnet.utoledo.edu](mailto:AskIt@utnet.utoledo.edu)  
[www.utoledo.edu/library/carlson/](http://www.utoledo.edu/library/carlson/) (<http://www.utoledo.edu/library/carlson/>)

Ward M. Canaday Center for Special Collections and Archives  
 Fifth Floor – Carlson Library  
 419.530.4480  
[CanadayCenter@utoledo.edu](mailto:CanadayCenter@utoledo.edu)  
[www.utoledo.edu/library/canaday/](http://www.utoledo.edu/library/canaday/) (<http://www.utoledo.edu/library/canaday/>)

### Health Science Campus



Mulford Health Science Library  
419.383.4225  
MulfordReference@utoledo.edu  
<http://www.utoledo.edu/library/mulford> (<http://www.utoledo.edu/library/mulford/>)

The mission of the University Libraries is to drive academic excellence and promote life-long learning and discovery. University Libraries provide a diverse, inclusive, and collaborative environment, as we contribute to student and research success, fostering an informed citizenry through innovative, creative education, services, and resources.

## Resources and Collections

Consisting of the Carlson Library (<http://www.utoledo.edu/library/carlson/>), Canaday Center for Special Collections (<http://www.utoledo.edu/library/canaday/>), and Mulford Health Science Library (<http://www.utoledo.edu/library/mulford/>), the University Libraries provide a rich array of collections to meet the information needs of students, faculty and staff. From print and electronic books, online journals, rare books and manuscripts, electronic research databases, musical recordings, theater productions, and digitized primary source documents – our resources connect users to ideas and knowledge in the humanities, arts, social sciences, health sciences and STEM disciplines.

UTMOST (<http://search.ebscohost.com/login.aspx?authtype=ip,guest&custid=s8899245&groupid=main&profile=eds>) is the University Libraries online discovery search interface and can be used to locate and access materials from across the Libraries' collections which include:

- 496,200 print volumes
- 243,700 electronic books
- 35,000 streaming videos and musical recordings
- 79,700 online journals
- 5,400 print and microfilm/fiche journals
- 350 research databases
- In addition, the University Libraries is a charter member of OhioLINK (<http://www.ohiolink.edu/>) which provides access to over 46 million library materials from across the state of Ohio.

Current students, faculty and staff can connect to the University Libraries' electronic resources from off-campus by using the links to those resources from within the Libraries website (<http://www.utoledo.edu/library/>). After clicking the link to a resource, users will be prompted to login by entering their UTAD information.

### Key Services

The University Libraries deliver expert-driven services that facilitate the discovery, access and use of scholarly information resources.

- Reference and Consultation (<http://libguides.utoledo.edu/askalibrarian/>): Librarians are available to help with research in-person and via phone, e-mail or chat/instant messaging. Subject Librarians (<http://libguides.utoledo.edu/subjectliaisons/>) serve as liaisons to colleges and departments, providing specialized research assistance in specific disciplines.

- Borrowing and Circulation (<http://libguides.utoledo.edu/borrowing/>): Library materials can be checked out at the circulation/service desk with a valid Rocket ID card.
- Interlibrary Loan (ILLiad) (<http://libguides.utoledo.edu/ill/>): Articles and materials not available through the Libraries or OhioLINK can be requested via ILLiad.
- Course Reserves (<http://libguides.utoledo.edu/reserves/>): Textbooks and other materials placed on reserve by course instructors can be checked out from the circulation/service desk.
- Information Literacy Instruction: Classes are taught by librarians on various information and research skills topics. Workshops are offered each semester.
- Library Guides (LibGuides) (<http://libguides.utoledo.edu/>): LibGuides are online research guides compiled by Subject Librarians to bring together the best available resources for specific topic, courses, and programs.

## Spaces, Facilities and Technology

The University Libraries are a destination for research, individual and collaborative study, socializing, and quiet reflection. Spaces and facilities combine tradition with forward-thinking design in a student-centered environment.

Explore the detailed floorplans of both the Carlson Library (<http://www.utoledo.edu/library/carlson/floorplans/>) on Main Campus and the Mulford Library (<http://www.utoledo.edu/library/mulford/floorplans/>) on the Health Science Campus to learn what is available on each floor. Both libraries feature the following facilities and technology:

- Individual, group and collaborative study spaces
- Computer workstations
- Printers
- Copy machines
- Scanners
- Phone chargers
- Lounge areas
- Detailed information on library hours can be found at <http://www.utoledo.edu/library/info/hours> (<http://www.utoledo.edu/library/info/hours/>)

## Pre-Health Advising Center

2160 University Hall  
419.530.2220  
prehealthadvising@utoledo.edu  
[www.utoledo.edu/success/pre-health-advising/](http://www.utoledo.edu/success/pre-health-advising/) (<https://www.utoledo.edu/success/pre-health-advising/>)

The UToledo's Pre-Health Advising Center is a resource for pre-medical, pre-dental and pre-veterinary students.

We support students throughout their undergraduate academic journey, providing resources and pre-health advising to help them develop strong metrics, attributes, and experiences to become a competitive applicant for medical, dental, or veterinary school.

The Pre-Health Advising Center offers guidance on:

- Medical, dental, and veterinary school admission requirements
- Letters of recommendation
- Mock interviews
- Personal statements
- Medical, dental, and veterinary school applications
- Standardized testing (MCAT, DAT, and GRE)
- Pre-health leadership, shadowing, and volunteer opportunities
- Self-care, mind-set, and stress management

Students can make appointments with a Pre-Health Advisor Monday – Friday by calling 419.530.2220.