

COUNSELING (COUN)

COUN 5010 Professional Orientation To School Counseling

[4 credit hours]

This course is an introduction to the profession of school counseling including the historical foundations, roles and responsibilities, legal and ethical issues, implications of sociocultural diversity, organization and administration, and future trends within the context of the school community.

Term Offered: Spring, Summer, Fall

COUN 5020 Professional Orientation to Clinical Mental Health Counseling

[4 credit hours]

An orientation to the counseling profession; ethical and legal issues, counseling process, skills and theories; counselor roles, functions and work settings; and historical foundations of counseling.

Term Offered: Spring, Summer, Fall

COUN 5110 Career Counseling And Development

[3 credit hours]

Theories, resources and practices of career counseling and development are presented. Knowledge and skills for promoting career growth among a broad range of individuals across the life span is emphasized.

Term Offered: Spring, Summer, Fall

COUN 5120 Individual And Group Assessment

[3 credit hours]

This course provides an in-depth understanding of psychological testing through (1) an overview of basic testing concepts, (2) an understanding of test construction, (3) familiarity with instruments and (4) an overview of using test results. History and rationale of testing are included.

Term Offered: Summer, Fall

COUN 5130 Group Counseling

[4 credit hours]

This course provides training and experience in group development, dynamics, theories, methods and skills of group counseling, group leadership, research and evaluation, ethical issues, and other group work approaches. Multicultural issues, advocacy, and wellness will be explored throughout the course.

Prerequisites: (COUN 5140 with a minimum grade of C or COUN 7140 with a minimum grade of C) and (COUN 5180 with a minimum grade of C or COUN 7180 with a minimum grade of C)

Term Offered: Spring, Summer, Fall

COUN 5140 Counseling Theories and Application

[4 credit hours]

Includes a study of counseling and consultation theories and application of theory in therapeutic/helping relationships from individual, group, and systemic perspectives.

Term Offered: Spring, Summer, Fall

COUN 5150 Counseling Across The Life Span

[3 credit hours]

This course provides training in the theoretical understanding and processes of human development (e.g., social, affective, familial, cognitive, physical) from prenatal stages through older adulthood. Counseling approaches relevant to theoretical principles will be presented. Multicultural issues, advocacy, wellness, and ethical issues will be explored throughout the course. Theories of individual and family development across the lifespan are examined. Developmental processes of individuals and families and implications for counseling are presented from a multi-generational family perspective.

Term Offered: Spring, Summer, Fall

COUN 5160 Cultural Diversity For Counselors And School Psychologists

[3 credit hours]

This course addresses sociocultural diversity, multicultural, and social justice concepts related to self and others. Throughout the course the tripartite model of multicultural attitudes, knowledge, and skills will be explored using an inclusive definition of multiculturalism. We will examine multiculturalism and social justice on individual, community, and systemic levels. Wellness, prevention, and advocacy will also be infused throughout the course. Addresses the cross cultural theories, knowledge, beliefs and techniques required for providing effective services to culturally diverse populations. Examines assumptions about cultural differences, which underlie counseling theories and therapies.

Term Offered: Spring, Summer, Fall

COUN 5180 Counseling Skills

[4 credit hours]

This course is an introduction to the basic helping/microskills used in individual, group, and systemic therapeutic settings. These are the foundational counseling skills necessary in the preparation of school and clinical mental health counselors. Supervised training prepares students for their entry-level clinical practicum experience.

Term Offered: Spring, Fall

COUN 5190 Counseling Practicum

[4 credit hours]

Students receive supervised, practical experiences in providing counseling services to clients. Performance of counseling skills; relationship skills; intervention techniques; documentation skills; and professional, ethical and legal conduct is expected.

Term Offered: Spring, Summer, Fall

COUN 5250 Creating Therapeutic Environments For The Aged

[3 credit hours]

Explores the various aspects necessary for creating therapeutic physical and social psychological settings for older institutionalized adults. Models of care giving and programmatic skills are examined.

COUN 5600 Psychopathology: Conceptualizations and Assessment

[4 credit hours]

This course explores conceptualizations of psychopathology, the assessment thereof, and subsequent treatment planning in counseling. Special emphasis will be given to the MMPI, NEO-PI, MCMI, and a battery of substance use disorder screens.

Prerequisites: COUN 5120 with a minimum grade of C

Term Offered: Fall

COUN 5980 Special Topics In Counseling, Mental Health, And School Psychology

[1-8 credit hours]

This course is open to a graduate student pursuing a master's, specialist or doctoral degree program and may be a requirement of that program.

Term Offered: Spring, Summer, Fall

COUN 6000 Counseling Research and Program Evaluation

[3 credit hours]

This course focuses on the research and program evaluation in professional counseling, covering basic statistics and related research design with specific applications counseling. Students will be expected to critique existing counseling research. Material covered in this course should provide the student with the skills necessary to be a competent consumer as well as producer of research. Students will gain skills in the preparation of research problems, design and implementation of quantitative and qualitative research and methodology in the field of counseling.

Term Offered: Spring, Summer, Fall

COUN 6100 Comprehensive School Counseling Programs

[4 credit hours]

Emphasis in this course is placed on the skills necessary to assess K-12 students' needs, design a program of comprehensive services, and coordinate, implement, and evaluate the program's activities. This includes counseling strategies for the school counselor that promote academic and personal/social development in children and youth. Finally, a thorough study of consulting models and techniques to help school counselors develop consultation skills, which may be applied when working with school personnel, administrators, parents, and mental health clinicians in community agencies, or other settings.

Prerequisites: COUN 5010 with a minimum grade of B-

Term Offered: Spring

COUN 6200 Advanced Counseling Skills

[3 credit hours]

As a primarily experiential course, COUN 6200 is designed to advance students' professional competencies in counseling theory, skills, and reflective practice. This course builds upon the prior learning experiences acquired in COUN 5140 (Counseling Theories) and Counseling Skills (COUN 5180). Students will practice in theoretically consistent skills and techniques and will adhere to the Ethical and Professional Standards set forth by the American Counseling Association Code of Ethics.

Prerequisites: COUN 5140 with a minimum grade of C and COUN 5180 with a minimum grade of C

Term Offered: Spring

COUN 6210 Psychopathology

[4 credit hours]

The study of various paradigms for conceptualizing psychopathology related to children, adolescents and adults. Includes study of specific personality theories and their application to clinical counseling.

Term Offered: Spring

COUN 6220 Child, Adolescent, Family Therapy

[3 credit hours]

Specialized study of therapeutic techniques commonly emphasized in working with children, adolescents and their families. Approaches to family therapy in a multicultural context, family assessment and ethical issues will be emphasized.

Prerequisites: COUN 5140 with a minimum grade of D-

Term Offered: Summer, Fall

COUN 6230 Crisis Intervention Counseling

[3 credit hours]

Instruction in the theories, skills and techniques necessary to intervene into a variety of crisis situations such as suicide, violence, domestic violence, drug and alcohol abuse and family dysfunction.

Prerequisites: COUN 5140 with a minimum grade of D-

Term Offered: Spring, Summer, Fall

COUN 6240 Diagnosis And Mental Health

[4 credit hours]

Study of the signs, symptoms, etiology and psychodynamics of various mental and emotional disorders based on the most current edition of the Diagnostic and Statistical Manual for Mental Disorders (DSM).

Term Offered: Summer, Fall

COUN 6470 Drugs And Mental Health Counseling

[4 credit hours]

This course includes instruction on the neuroanatomy of the nervous system, the physiology of the neuron, and the processes involved in synaptic transmission. The psychobiological and psychophysiological effects of various psychotropic medications typically used in the treatment of mental disorder will be investigated. Integration of pharmacotherapy and psychotherapy in the treatment of mental, emotional, and substance use disorders will also be considered.

Term Offered: Spring, Summer, Fall

COUN 6500 Advanced Theory And Practice Of Career Counseling

[3 credit hours]

Advanced study in theories pertaining to the principles and practice of career counseling. Special emphasis on research, legal and ethical issues, and the role of culture in career choice and development.

COUN 6720 Advocacy for the Survivor of Child Neglect and Abuse

[3 credit hours]

This course prepares students to recognize the long term cognitive, social, and emotional effects of child maltreatment. Evidenced-based approaches for effective advocacy and for treatment of the survivor are examined.

Prerequisites: SOCW 6700 with a minimum grade of D- and CRIM 6710 with a minimum grade of D-

Term Offered: Spring

COUN 6920 Master's Research Project

[1-3 credit hours]

In this capstone experience, master's students review the literature, report implications and produce a project which can be applied in counseling-related settings. This can substitute for CMHS 6930.

COUN 6930 Master's Research Seminar

[2-3 credit hours]

In this capstone experience, master's students review and critique the literature and report implications for research, theory and practice on counseling-related topic of interest, approved by the instructor.

COUN 6940 Counseling Internship

[1-8 credit hours]

The course is intended to provide counselor education doctoral students with student-directed, practical experiences in which they can develop advanced skills in various facets of counselor education (e.g., clinical counseling, advocacy, instruction, research, leadership, clinical supervision). Multicultural issues, ethics, professional issues, and wellness will be explored throughout the course. Supervised practical experiences in various settings while assuming a spectrum of counseling roles and functions. Emphasis is placed upon integrating ethical practice, theory, and research in work settings.

Prerequisites: COUN 5190 with a minimum grade of B or CMHS 5190 with a minimum grade of B

Term Offered: Spring, Summer, Fall

COUN 6950 Workshop In Counseling, Mental Health, And School Psychology

[1-6 credit hours]

Workshops developed around topics of interest and concern to counselors, school psychologists, or other mental health care professionals. Practical application of topics will be stressed.

COUN 6960 Master's Research Thesis

[1-3 credit hours]

In this capstone experience, master's students complete an original piece of research, including literature review, methods, analysis and discussion. This can substitute for CMHS 6930.

COUN 6990 Master's Independent Study

[1-4 credit hours]

Provides students the opportunity to work independently on professional problems under the direction of a faculty member in the Department of Counseling and Mental Health Services.

Term Offered: Spring, Summer, Fall

COUN 7010 Professional Orientation To School Counseling

[4 credit hours]

This course is an introduction to the profession of school counseling including the historical foundations, roles and responsibilities, legal and ethical issues, implications of sociocultural diversity, organization and administration, and future trends within the context of the school community.

COUN 7130 Group Counseling

[4 credit hours]

This course provides training and experience in group development, dynamics, theories, methods and skills of group counseling, group leadership, research and evaluation, ethical issues, and other group work approaches. Multicultural issues, advocacy, and wellness will be explored throughout the course.

Prerequisites: (COUN 5140 with a minimum grade of C or COUN 7140 with a minimum grade of C) and (COUN 5180 with a minimum grade of C or COUN 7180 with a minimum grade of C)

Term Offered: Spring, Summer, Fall

COUN 7140 Counseling Theories and Application

[4 credit hours]

Includes a study of counseling and consultation theories and application of theory in therapeutic/helping relationships from individual, group, and systemic perspectives.

Term Offered: Spring, Summer, Fall

COUN 7150 Counseling Across The Life Span

[3 credit hours]

This course provides training in the theoretical understanding and processes of human development (e.g., social, affective, familial, cognitive, physical) from prenatal stages through older adulthood. Counseling approaches relevant to theoretical principles will be presented. Multicultural issues, advocacy, wellness, and ethical issues will be explored throughout the course. Theories of individual and family development across the lifespan are examined. Developmental processes of individuals and families and implications for counseling are presented from a multi-generational family perspective.

Term Offered: Spring, Summer, Fall

COUN 7160 Cultural Diversity For Counselors And School Psychologists

[3 credit hours]

This course addresses sociocultural diversity, multicultural, and social justice concepts related to self and others. Throughout the course the tripartite model of multicultural attitudes, knowledge, and skills will be explored using an inclusive definition of multiculturalism. We will examine multiculturalism and social justice on individual, community, and systemic levels. Wellness, prevention, and advocacy will also be infused throughout the course. Addresses the cross cultural theories, knowledge, beliefs and techniques required for providing effective services to culturally diverse populations. Examines assumptions about cultural differences, which underlie counseling theories and therapies.

Term Offered: Spring, Summer, Fall

COUN 7180 Counseling Skills

[4 credit hours]

This course is an introduction to the basic helping/microskills used in individual, group, and systemic therapeutic settings. These are the foundational counseling skills necessary in the preparation of school and clinical mental health counselors. Supervised training prepares students for their entry-level clinical practicum experience.

Term Offered: Spring, Fall

COUN 7210 Psychopathology

[4 credit hours]

The study of various paradigms for conceptualizing psychopathology related to children, adolescents and adults. Includes study of specific personality theories and their application to clinical counseling.

Term Offered: Spring

COUN 7220 Child, Adolescent, Family Therapy

[3 credit hours]

Specialized study of therapeutic techniques commonly emphasized in working with children, adolescents and their families. Approaches to family therapy in a multicultural context, family assessment and ethical issues will be emphasized.

Prerequisites: COUN 5140 with a minimum grade of D-

Term Offered: Summer, Fall

COUN 7230 Crisis Intervention Counseling

[3 credit hours]

Instruction in the theories, skills and techniques necessary to intervene into a variety of crisis situations such as suicide, violence, domestic violence, drug and alcohol abuse and family dysfunction.

Prerequisites: COUN 5140 with a minimum grade of D-

Term Offered: Spring, Summer, Fall

COUN 7240 Diagnosis And Mental Health

[4 credit hours]

Study of the signs, symptoms, etiology and psychodynamics of various mental and emotional disorders based on the most current edition of the Diagnostic and Statistical Manual for Mental Disorders (DSM).

Term Offered: Summer, Fall**COUN 7510 Supervision In Counseling And School Psychology**

[4 credit hours]

Training in supervision models, methods, roles, ethical issues, research and evaluation. Advanced training in consultation.

Term Offered: Spring, Fall**COUN 7520 Education And Leadership In Mental Health Professions**

[4 credit hours]

Orient students to the roles and tasks of educators and leaders in mental health professions, curricular issues of programs, professional and ethical issues and current status and future trends in higher education among mental health professions.

Term Offered: Spring, Fall**COUN 7530 Advanced Theories Of Counseling And Consultation**

[4 credit hours]

This course is designed to provide advanced preparation in theory pertaining to the principles and practice of individual counseling, group work and consultation.

Term Offered: Spring, Fall**COUN 7540 Advanced Personality Assessment**

[4 credit hours]

This course will focus on the administration, scoring, and interpretation of selected advanced personality assessment instruments. Special emphasis will be given to the MMPI-2, NEO-PI-3, MCMI-III, SASSI-3, and report writing.

Prerequisites: COUN 5120 with a minimum grade of D-**Term Offered:** Fall**COUN 7600 Psychopathology: Conceptualizations and Assessment**

[4 credit hours]

This course explores conceptualizations of psychopathology, the assessment thereof, and subsequent treatment planning in counseling. Special emphasis will be given to the MMPI, NEO-PI, MCMI, and a battery of substance use disorder screens.

Prerequisites: COUN 5120 with a minimum grade of C**Term Offered:** Fall**COUN 7930 Doctoral Research Seminar**

[4 credit hours]

Advanced preparation in research problems, design and implementation of quantitative and qualitative research and methodology in the fields of counseling and supervision.

Term Offered: Spring**COUN 8180 Advanced Multicultural Issues in Counselor Education and Supervision**

[4 credit hours]

This advanced course is designed to prepare counseling students for leadership and advocacy in the areas of diversity, inclusion, and equity in counselor education and supervision.

Prerequisites: COUN 5160 with a minimum grade of D-**Term Offered:** Spring**COUN 8410 Advanced Practicum In Individual And Group Therapy**

[4 credit hours]

Students receive supervised, practical experiences in providing counseling in individual and group modes of services. Advanced therapy skills will be emphasized.

Term Offered: Spring**COUN 8420 Advanced Practicum In Family Therapy**

[4 credit hours]

This course is designed to provide specialized opportunity under live supervision to develop specialized skills in family therapy. The student will work in co-therapy with a family experiencing difficulties.

COUN 8440 Advanced Theory And Practice Of Group Counseling

[3 credit hours]

Advanced training and experience in development, dynamics, theories, methods and skills of group counseling and therapy, leadership, research and evaluation and ethical issues as applicable to normal and abnormal populations.

COUN 8450 Couples And Family Therapy

[3 credit hours]

Theories and practice of couples and family counseling are explored. Foundations of systems theories and their application to couples and family therapy are presented.

Prerequisites: (COUN 5140 with a minimum grade of D- and COUN 5150 with a minimum grade of D-)**Term Offered:** Spring**COUN 8460 Substance Abuse Counseling**

[4 credit hours]

Review of treatment approaches, techniques and programs for counseling individuals and families experiencing substance-related problems.

Term Offered: Spring, Fall**COUN 8470 Drugs And Mental Health Counseling**

[4 credit hours]

This course includes instruction on the neuroanatomy of the nervous system, the physiology of the neuron, and the processes involved in synaptic transmission. The psychobiological and psychophysiological effects of various psychotropic medications typically used in the treatment of mental disorder will be investigated. Integration of pharmacotherapy and psychotherapy in the treatment of mental, emotional, and substance use disorders will also be considered.

Term Offered: Spring, Summer, Fall**COUN 8480 Advanced Training In Professional, Legal, And Ethical Issues**

[4 credit hours]

The content of this course will consider advanced training in contemporary professional, legal, and ethical issues that influence, regulate, or affect the work of counselors, psychologists, and other mental health professionals.

Term Offered: Spring**COUN 8490 Gender Issues In Counseling And Mental Health Services**

[3 credit hours]

Examines the effect of gender role and related dynamics upon the psychological functioning of men and women and considers how these issues can be explored in counseling based upon an interactive model of gender roles emphasizing the learned nature of these characteristics.

COUN 8500 Advanced Theory And Practice Of Career Counseling

[3 credit hours]

Advanced study in theories pertaining to the principles and practice of career counseling. Special emphasis on research, legal and ethical issues, and the role of culture in career choice and development.

COUN 8930 Advanced Doctoral Seminar

[3 credit hours]

This seminar will consider problems and provide advanced study. Open only to advanced graduate students.

COUN 8940 Counseling Internship

[1-8 credit hours]

The course is intended to provide counselor education doctoral students with student-directed, practical experiences in which they can develop advanced skills in various facets of counselor education (e.g., clinical counseling, advocacy, instruction, research, leadership, clinical supervision). Multicultural issues, ethics, professional issues, and wellness will be explored throughout the course. Supervised practical experiences in various settings while assuming a spectrum of counseling roles and functions. Emphasis is placed upon integrating ethical practice, theory, and research in work settings.

Prerequisites: COUN 5190 with a minimum grade of B or CMHS 5190 with a minimum grade of B

Term Offered: Spring, Summer, Fall

COUN 8950 Workshop In Counseling, Mental Health, And School Psychology

[1-6 credit hours]

Workshops developed around topics of interest and concern to counselors, school psychologists, or other mental health care professionals. Practical application of topics will be stressed.

COUN 8960 Doctoral Research Dissertation

[1-12 credit hours]

Dissertation credit may not total less than 10 semester hours and no greater than 32 hours. A doctoral student may register for such credit in more than one semester.

Term Offered: Spring, Summer, Fall

COUN 8980 Special Topics In Counseling, Mental Health, And School Psychology

[1-8 credit hours]

This course is open to a graduate student pursuing a master's, specialist or doctoral degree program and may be a requirement of that program.

Term Offered: Spring, Summer, Fall

COUN 8990 Doctoral Independent Study

[1-4 credit hours]

Provides students the opportunity to work independently on professional problems under the direction of a faculty member in the Department of Counseling and Mental Health Services.

Term Offered: Spring, Summer, Fall