

RECREATION AND REC THERAPY (RCRT)

RCRT 5040 Recreational Therapy Services within the Veterans Administration

[3 credit hours]

The course will focus on current trends, issues, and clinical techniques specific to serving Veterans within the Veteran's Administration VA system as a Recreational Therapist. Course content will include orientation to military culture and rituals, specific diagnoses, and conditions commonly experienced by Veterans, delivery of outcome-based RT interventions and special programs, partnerships, and an in-depth look into internships and employment opportunities within the VA system.

Term Offered: Spring, Fall

RCRT 5100 Community Event Planning

[3 credit hours]

This course provides the graduate student with an advanced understanding of the event planning process including: risk and risk management, ethics, inclusivity, planning, budgeting, organizing, location selection, travel logistics, venue and guest requirements, marketing, and food and beverage considerations.

Term Offered: Summer, Fall

RCRT 5200 Planning and Promotion of Sport

[3 credit hours]

This course provides the graduate student with an advanced understanding of the principles of marketing and delivery of services associated with intercollegiate athletics, professional, and multi-sport club operations, facilities and management of resources. This course also examines motivation and behavior of sports tourists.

Term Offered: Fall

RCRT 5300 Inclusion and Recreational Therapy Services

[3 credit hours]

An introductory course which defines the principals of inclusion and major legislation that impacts the provision and delivery of recreational therapy services for individuals with disabilities. Thirty hour volunteer component required. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 5310 Leisure And Popular Culture

[3 credit hours]

This course provides the graduate student with an advanced understanding of leisure theory, philosophy, and behavior and its application to the delivery of leisure services within contemporary culture.

Term Offered: Summer, Fall

RCRT 5320 Administration In Recreational Therapy

[3 credit hours]

This course focuses on the administrative functions of delivering Recreational Therapy services. Students will gain an understanding of the aspects of management principles including ethics, legislation, technology, quality management, risk management, financial and human resources, marketing, and accrediting agencies. Minimum "C" required for RCRT majors. Note: Senior Standing and Acceptance in the Recreational Therapy program.

Term Offered: Spring, Fall

RCRT 5340 Leisure, Recreation, And Aging in Recreational Therapy Practice

[3 credit hours]

This course provides a study of the impacts of aging on leisure and recreation activities during middle and later adulthood by investigating the aging process, leisure across the lifespan, and the impact of leisure and recreation on quality of life and wellness from an RT perspective. Minimum grade of "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 5410 Facility Planning and Design

[3 credit hours]

This course provides the graduate student with an advanced understanding of, and ability to apply, the principles of design and the site design process to the development of recreation-based facilities. Specific areas of the design process presented include: tools of the trade, functional and aesthetic considerations, research, regional and site analysis, programming, final design development, construction, management, and evaluation.

Term Offered: Spring

RCRT 5420 Leisure Program Research Techniques

[3 credit hours]

This course provides the graduate student with an advanced understanding of, and ability to apply, the basic components of research in the academic and professional practice setting including: ethics, human subject protection, research concepts, topic identification, theoretical roots, literature review development, sample selection, methodologies, instrument testing, data collection and analysis procedures, and research reporting.

Term Offered: Spring, Fall

RCRT 5610 Adventure Programming in Recreation and Recreation Therapy

[3 credit hours]

This course provides the graduate student with an advanced understanding of, and ability to apply, theories and techniques of adventure programming as a treatment protocol and/or leisure education tool. Outdoor trips required.

Term Offered: Spring, Fall

RCRT 5620 Animal Assisted Therapy

[1 credit hour]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes using a variety of animal-assisted modalities. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 5630 Therapeutic Activities

[1 credit hour]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes using a variety of games, humor and play modalities. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 5640 Rt Intervention: Therapeutic Groups

[1 credit hour]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes using therapeutic group techniques and processes as a modality. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 5660 Relaxation And Stress Management

[1 credit hour]

This course provides the graduate student with advanced skill development needed to implement therapeutic outcomes using relaxation and stress management techniques as a modality.

Prerequisites: (RCRT 1310 with a minimum grade of D- and RCRT 4720 with a minimum grade of D-)

Term Offered: Spring, Fall

RCRT 5670 Rt Intervention: Leisure Education

[1 credit hour]

This course provides the graduate student with advanced skill development needed to implement therapeutic outcomes using leisure education activities, including: social skills, values clarification, leisure awareness, resources and knowledge. Minimum

Term Offered: Spring, Fall

RCRT 5680 Rt Intervention: Assistive Technology And Techniques

[1 credit hour]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes utilizing assistive technology, techniques, and resources in therapeutic settings. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 5690 Rt Intervention: Aquatic Therapy

[1 credit hour]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes utilizing swimming, evidence-based aquatic programming methods, and resources. Minimum "C" required for RCRT majors.

Term Offered: Spring, Summer, Fall

RCRT 5710 Outdoor and Adaptive Sports Program Delivery in Recreational Therapy Practice

[3 credit hours]

An introduction to theory and techniques related to risk management, leadership, and administration of outdoor pursuits in RT practice as it applies to working with individuals in clinical and non-clinical settings. Students will also gain an understanding of adapted sports, modification of equipment, adapted sports competition for persons with disabilities and the classification system governing adapted sports competition for veterans. Minimum "C" required for RCRT majors. Prerequisite: Senior Standing and Acceptance in the Recreational Therapy program.

Term Offered: Spring, Fall

RCRT 5720 Introduction To Therapeutic Recreation

[3 credit hours]

This course is designed to introduce the student to theories, models, principles, and history of therapeutic recreation service. Through lectures, discussions and self-directed learning activities, the student will examine the structure and function of therapeutic recreation processes in a variety of treatment settings. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall

RCRT 5730 Physical and Neurological Diagnosis and Conditions in Recreational Therapy Practice

[3 credit hours]

This course is designed to provide the student with in-depth knowledge of the diagnostic criteria, etiology, and symptomology related to physical, neurological, sensory, and metabolic diagnosis and conditions across the lifespan with a focus on RT practice. RT interventions, pharmacological interventions, family involvement, risk management, and other implications impacting RT practice will also be examined.

Term Offered: Fall

RCRT 5750 Group Dynamics In Recreational Therapy

[3 credit hours]

This course provides the graduate student with an advanced understanding, and ability to apply, concepts and theories of the therapeutic group process as applicable to professional practice. Students will be introduced to and practice: facilitation skills, behavior modification techniques, and effective communication and leadership skills.

Term Offered: Spring, Fall

RCRT 5760 APIE in Recreation Therapy

[3 credit hours]

This course addresses the procedures and processes of assessment, planning, implementation and evaluation of recreation therapy services.

RCRT 5790 Psychological Diagnosis and Conditions in Recreational Therapy Practice

[3 credit hours]

This course is designed to provide the student with in-depth knowledge of the diagnostic criteria, etiology, and symptomology related to psychological conditions across the lifespan with a focus on RT practice. RT interventions, pharmacological interventions, family involvement, risk management, and other implications impacting RT practice will be examined.

Term Offered: Spring

RCRT 5800 Clinical: Physical Rehabilitation

[1 credit hour]

This course requires a 50-hour practicum experience in a community agency. The practicum experience provides the student a structured environment to apply the APIE(D) process with a physical rehabilitation population.

Term Offered: Spring, Summer, Fall

RCRT 5810 Recreational Therapy Fieldwork 1

[1 credit hour]

This course requires a 50-hour practicum experience in a community agency. The practicum experience provides the student a structured environment to apply the Recreational Therapy APIE(D) process with a population served by a CTRS. Minimum "C" required for RCRT majors. Registration restriction: Acceptance into the RT professional sequence.

Prerequisites: RCRT 4730 with a minimum grade of C and RCRT 4790 with a minimum grade of C and RCRT 4740 with a minimum grade of C

Term Offered: Fall**RCRT 5820 RT Clinical: Intellectual Deficits / Developmental Disability**

[1 credit hour]

This course requires a 50-hour practicum experience in a ID/DD agency. The practicum experience provides the student a structured environment to apply the RT APIE(D) process with an ID/DD rehabilitation population. Minimum grade of "C" required for RCRT majors. Registration restriction: Acceptance in the Recreational Therapy program.

Term Offered: Spring, Summer, Fall**RCRT 5830 Clinical: Geriatric**

[1 credit hour]

This course requires a 50-hour practicum experience in a community agency. The practicum experience provides the student a structured environment to apply the APIE(D) process with a geriatric population.

Term Offered: Spring**RCRT 5860 Therapeutic Fitness**

[1 credit hour]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes using therapeutic fitness modalities. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall**RCRT 5870 Program Planning In Recreational Therapy**

[3 credit hours]

This course requires the graduate student to apply cumulative knowledge of the APIE(D) process through designing evidence-based: treatment programs, program evaluations, protocols and treatment plans in recreation therapy practice.

Term Offered: Spring**RCRT 5900 Rt Intervention: Craft Therapy**

[1 credit hour]

This course provides the graduate student with advanced skill development needed to implement therapeutic outcomes using craft therapy modalities.

Term Offered: Spring, Fall**RCRT 5910 Rt Intervention: Horticulture Therapy**

[1 credit hour]

This course provides the student the fundamental skill development needed to implement therapeutic outcomes using horticulture modalities. Minimum "C" required for RCRT majors.

Term Offered: Spring, Fall**RCRT 5940 Internship In Recreation And Leisure**

[1-6 credit hours]

This course provides the graduate student with the opportunity to complete an internship under the supervision of a recreation professional in partial fulfillment for the MA degree in recreation and leisure studies.

Term Offered: Spring, Summer, Fall**RCRT 6000 Issues And Trends In Recreation/Recreational Therapy**

[3 credit hours]

This course provides the graduate student with an advanced understanding of the issues and trends impacting the delivery of recreation and recreation therapy services in diverse professional settings.

Term Offered: Spring**RCRT 6020 Financial Resources Of Recreation And Recreational Therapy**

[3 credit hours]

This course provides the graduate student with an advanced understanding of the financial management concepts and resources supporting the delivery of recreation and recreation therapy services.

Term Offered: Summer, Fall**RCRT 6920 Master's Project In Recreation And Leisure**

[1-4 credit hours]

This course provides the graduate student with the opportunity to complete a Master's project under the supervision of a project committee in partial fulfillment for the MA degree in recreation and leisure studies.

Term Offered: Spring, Summer, Fall**RCRT 6940 Internship**

[1-4 credit hours]

This course provides the graduate student with the opportunity to complete an advanced internship under the supervision of a recreation professional in partial fulfillment for the MA degree in recreation and leisure studies.

Term Offered: Spring, Fall**RCRT 6960 Master's Thesis In Recreation And Leisure**

[1-4 credit hours]

This course provides the graduate student with the opportunity to complete a Master's Thesis under the supervision of a thesis committee in partial fulfillment for the MA degree in recreation and leisure studies.

Term Offered: Spring, Summer, Fall**RCRT 6990 Independent Study In Recreation And Leisure**

[1-3 credit hours]

This course provides the graduate student with the opportunity to develop an advanced independent learning experience in support of academic and/or professional interests.

Term Offered: Spring, Summer, Fall