

COUNSELING (COUN)

COUN 1110 Fundamentals Of Human Mental Health

[4 credit hours]

An introduction to the field of human services, especially mental health, history and current trends in treatment and prevention of disease and the basic skills common to the field. Students will learn skills at the demonstrable level as they will later be used in the field.

Term Offered: Spring, Fall

COUN 1240 Substance Abuse Issues In Mental Health

[3 credit hours]

An overview and survey of addictive disorders, use and abuse, and the personal and cultural effects of chemical dependency.

Term Offered: Spring, Fall

COUN 2120 Group And Therapeutic Approaches

[4 credit hours]

A study of various types of groups and activity skills used in mental health environments both inpatient and community based. Focus on design, principles, procedures and applications of various techniques.

Term Offered: Fall

COUN 2220 Family Theories And Cultural Influences In Mental Health

[3 credit hours]

Study of basic family systems and structures and the influences of cultural patterns as they interact and impact the mental health and therapeutic needs of individual family members.

Term Offered: Spring

COUN 2980 Special Topics In Counselor Education

[1-3 credit hours]

This course is open to an undergraduate student pursuing a degree program and may be a requirement of that program.

COUN 2990 Independent Study

[0-3 credit hours]

A course designed to provide educational opportunities in a specialized academic area under the direct supervision of a faculty member.

COUN 3000 Cultural Competence in Health and Human Services

Professions

[3 credit hours]

This course provides an introduction to multicultural helping in the health and human services professions. The influence of socio-identities (e.g., race, ethnicity, religion, gender, socioeconomic status, sexual orientation, ability) on individuals' functioning, concerns, and the helping process will be explored in the context of health and human service professions.

Term Offered: Spring, Summer, Fall

COUN 3110 Case Management In Mental Health

[3 credit hours]

The study of and practice of using case management models and skills with clients within the mental health environment. Models appropriate for different agency types will be explored and the various modalities available will be introduced.

Term Offered: Spring

COUN 3140 Substance Abuse Prevention And Community Programming

[3 credit hours]

An evaluation of prevention programs and community resources available in the prevention and treatment of substance abuse.

Term Offered: Fall

COUN 3150 Models Of Treatment For Substance Abuse

[3 credit hours]

A review of the various components of substance abuse and philosophies of treatment. Theories of etiology and maintenance are also addressed.

Term Offered: Spring

COUN 3220 Theories in Mental Health

[3 credit hours]

Overview of current approaches of psychological theory. This course includes an examination of the basic issues in mental health, including ethical issues and personal implications for the mental health professional.

Term Offered: Fall

COUN 3380 College Student Leadership Development I

[1-3 credit hours]

First semester in development of skills for student leaders through didactic experience, simulation exercises and practicum experiences.

Especially designed for student government leaders and peer counselor/advisers.

Term Offered: Fall

COUN 3390 College Student Leadership Development II

[1-3 credit hours]

Second semester in student leadership training. The development of skills for student leaders through didactic experience, simulation exercises and practicum experiences. Especially designed for student government leaders and peer counselor/advisers.

Prerequisites: COUN 3380 with a minimum grade of D- or CMHS 3380 with a minimum grade of D-

Term Offered: Spring

COUN 4080 Essentials Of Helping Relationships

[3 credit hours]

Emphasis upon skills, concepts and practices in the helping professions. Multicultural and ethical issues along with dealing with crisis situations will be covered.

COUN 4240 Substance Abuse Treatment Techniques

[3 credit hours]

An examination of ethical and legal issues in substance abuse, as well as examination of the specific skills needed by workers in substance abuse programs.

Term Offered: Spring

COUN 4980 Special Topics In Counselor Education

[1-3 credit hours]

This course is open to an undergraduate student pursuing a degree program and may be a requirement of that program.

COUN 4990 Independent Study

[1-3 credit hours]

Individual study is designed to provide the student to work independently on professional problems under the direction of a faculty member in the department of counseling and mental health services.